

Whispers from the Auxiliary

Dear Whispering Winds Women's Auxiliary,

The WWWA leadership is excited about the year ahead of us that will be filled with growing in faith and serving the Lord together. Details for our Lent retreat will be shared soon. Please mark your calendars now for **WWWA Retreat** at our beloved Whispering Winds, **May 15-17, 2026**, led by the dynamic Anne Trufant of Mission on the Mountain.

New in 2026, we will begin gathering for the 8:00 AM First Saturday Mass at Mission San Diego, followed by coffee at S3 Coffee Bar. Please also prayerfully consider volunteering at Whispering Winds' family camps this summer.

Finally, please continue to pray for Bernice Mascari's healing and for all those recovering from health challenges.

Know that you are in my prayers,
Annie



*"Called to His
Purpose"*

Romans 8:28

Inside this issue

Lenten Moring of Reflection.....	2
Our Mother Knows Best	3 & 4
Committees Reports	4 & 5
Meet Your Board Member – Julie Dudziak	6 & 7
2025 Governing Board	8

WWWA Contact information:

wwindswa@gmail.com

www.whisperingwinds.org

The Mysteries of Lent: A Journey With Mary

Saturday,
March 7, 2026

8:30 AM Refreshments & Social
9AM - 11AM Program



Morning of Reflection

Speakers:

Cathy Sperrazzo
& Mattie Scull

St. Charles Borromeo Catholic Church

2802 Cadiz Street
San Diego, CA 92110

For Info Please Call or Text

Laurie Mikolaycik 619-820-5028



OUR MOTHER KNOWS BEST

Happy 2026 and New Year's blessings upon each of you! With the graces and festivities of the Christmas season now behind us we've begun the Catholic Church's period of numerically ordered weeks known as Ordinary Time on the Liturgical Calendar. In addition we've also entered a Marian Centennial Year because as of December 10, 2025, it has been 100 years since Mary, Our Blessed Mother, appeared in the convent cell of the then 18 year-old Fatima seer and Novice, Lucia dos Santos. Although it will not be flashy like the USA's spectacular 250th Birthday celebrations with extravagant firework displays this year, this Marian observance is truly as noteworthy as well! Why or how so you may be asking? The answer is a simple one, so please read on...

The earliest Marian apparitions at Fatima took place in 1917 when Lucia was only 10 years of age. The messages that Our Heavenly Mother Mary imparted to the young Lucia and her 2 younger cousins primarily related to instructions for praying the Rosary daily for peace and the conversion of sinners. However, the later apparitions that took place in 1925 and 1926 focused on Our Lady's request regarding the First Saturday Devotion and for us to make reparation to Mary's Immaculate Heart.

Although Our Lady made these requests over 100 years ago they have not been heeded and the world today remains in both a sinful and chaotic state. For this reason, now more than ever, as Catholic Christians we are called upon to more fervently pray and evangelize. With her help we are also called to live out our faith more

intentionally with the deep authentic love that she modeled for us. We need to turn to God and grow in our relationship with Him. By following the curriculum of the specific, simple set of requirements that Our Lady requested of us, we are to live out our faith by observing the following steps through the **FIRST SATURDAY DEVOTION**.

At the core of this Sacramental practice is devotion to the Immaculate Heart as well as the intention of making reparation for the offenses against the Immaculate Heart, Our Lady specifically asks us to:

- Go to Confession (may go 8 days before or after if you are in a state of grace)
- Receive Holy Communion (can be received at a Sat. evening anticipatory Mass)
- Pray 5 decades of the Rosary
- Keep Our Lady company for 15 minutes while meditating on one or more of the Rosary's mysteries

When fulfilling each component of the First Saturday devotion listed above, it is also paramount to have a renewed commitment to their fulfillment in order to release the graces that will come from them to the world. Also, do each of these with great fervor and be sure to share these practices and recruit other like minded believers to do the same. By our Baptisms each of us has been selected and called by name to participate.

During this Centennial Marian year there's no need for firework extravaganzas or lengthy parades, but I do challenge each of you to go forth and make a difference! Let's invoke our

continued on next page

OUR MOTHER KNOWS BEST (continued)

Guardian Angels, help from the Communion of Saints, that of Our Holy Mother and the Holy Spirit to stir up a Revival of this Sacramental practice and to forever change the world! May God's blessings be upon you one and all as you go about doing His Work.

Linda Crabtree



For additional information and further resources about the First Saturday Devotion you can go to bluearmy.com. Also, for inspiration and motivation from Fr. Dan Reehil, I recommend you go to <https://youtu.be/B8Z1wMfa94I?si=cdQ4V8hNJyclHzd0>

MEMBERSHIP

We welcome you to join this wonderful group of amazing faith filled women!

The annual renewal is \$30 or life membership is \$200.

Ask a friend, ask a neighbor, ask any faith filled woman you know to join .

Let them know of all the benefits of being a member:

- Discounts on our May Retreat and Fall Brunch
- Free Advent and Lenten evenings of reflection
- PLUS you get to be part of a great group of faith-filled women who share a love for the Whispering Winds Camp!

NOW is the perfect time to join, renew and/or invite a new member!

Susan Galichon &
Kelly Sinclair

[Join or Renew Here](#)

Lifting Up Our Community In Prayer – A



Powerful Ministry

Wanted to make sure that all of you are aware of our "Email Prayer Chain." We currently have 317 prayer warriors and get about 10 requests/month.

If you ever want to submit an intention you can email

wwindswa@gmail.com . I check that site about every other day and combine any requests that have been made.

If you want to be added to the army of warriors... just send that request to wwindswa@gmail.com and I will add you to the group. We send the prayer requests out as a blind copy to the prayer warriors.

Please contact me (jdeiters@san.rr.com) if you have any questions.

Blessings,
Joni Deiters

SPIRITUALITY COMMITTEE

Our Advent event at St Kieran's was a success! The church joyfully welcomed us, with assistance from Avery at the church to Andi Finch ensuring access and helping with all our facility questions.

Debbie Bradel did an outstanding job with her presentation of Tidings of Great Joy. She shared her unending joy of Christ and provided many examples of how we can incorporate more joy into our lives. She shared her vision of keeping Jesus in our every blink, in our every breath, and His presence frequently in our day-to-day life. As we seek validation and gratitude, it is a reminder to recognize our need for God to live in us thus increasing our dependency on Him. When we thank God for everything – in good and the bad, we can find great joy. Debbie quoted scripture: *If you love me and keep my commandments, my joy will be in you & your joy will be complete.* John 15:11. Her reminder that joy is a Christian duty helped reset our hearts for Christmas.

We had 85 people in attendance, with lots of coffee, tea, and breakfast foods – thanks to the WWA Governing Committee and spirituality committee donations. Hospitality ensured the environment was filled with Advent joy with greenery and various nativities. Music by Sisters in Song beautifully guided our hearts in preparation of Christ's coming.

Thank you for bringing donations for the 9:Eleven Maternity Home – they are most grateful!

I am passing the baton of the spirituality committee to Laurie Mikolaycik, who has already planned the Lenten Morning of Reflection, see page 2, and working on planning the Women's retreat in May!

Kesa Waddell



JULIE DUDZIAK – HOSPITALITY COMMITTEE CHAIRPERSON



Were you one of the lucky ones to bring home a succulent garden pumpkin from our Fall Brunch? They were certainly the hot ticket thanks to Julie Dudziak and her groupies, as well as treasures from Mattie Scull's garden. Julie is the Hospitality Chair who along with her co-chair, Carmina Caster, created the warm and welcoming environment for our annual fundraising event. At our Advent event, Tidings of Great Joy, St. Kiernan's hall was decked out with nativity scenes nestled among the shimmering pines, tasty treats and beverages. Julie graciously stepped into this lead role in January and has embraced the call to creativity and hospitality. She is always looking for new members to her committee.

Julie is not new to the Whispering Winds community. For many years she brought her favorite people to Family Camp. One of her fondest memories is getting Adam, her youngest child, on a horse at camp. He was born with spinal deficiencies and being on the horse was a challenge. Julie was especially moved by the horse handler compassionately and patiently taking time with him, allowing Adam to fully enjoy the experience. Even before family camp, Julie, a young retail worker at Casual Corner was in charge of helping the WWA with a Fashion Show, one of our more memorable events in the 1990's. Little did she know the seeds God was planting. Julie has been drawn back to the mountain many times with each "Yes" to God's call. She is the unofficial Art Director for Camp Jack, a week-long retreat at Whispering Winds, sponsored by the Lions Club of San Diego and serving underprivileged youth for over 5 years now. Her activities create a safe place for them to experience art, unencumbered and untethered, for maybe the first time in their young lives. She has offered her talent as well to the WWA May Retreats, Senior Moments and Cursillo.

Art has been a part of her life from a very early age, as far back as she can remember, just like her earliest memories of God moments. When she was around 4 years old, she recalls her family's wooden nativity set and the tender feeling of holding the tiny baby Jesus in her own small hands. At 26 Julie encountered God in a deeper way. When a friend asked Julie if she thought she was going to heaven, her immediate thought was "that's quite presumptuous!". He calmly replied, "Julie, God doesn't want you to worry about it," and opened the bible to John 3:16.... "For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life."

continued on page 6

JULIE DUDZIAK – HOSPITALITY COMMITTEE CHAIRPERSON (CONTINUED)

An unimaginable weight was immediately lifted off her – eternal life, just wow! The following week she heard the Profession of Faith in a new way, deeply and profoundly, and it's been a journey ever since.



That journey is not alone. She and her husband Pete have been married for 26 years. In their own journey to start a family, they encountered some challenges. That led them to adopting 4-year old Artur and 11-month-old Elizabeth from an orphanage in Russia. It was love at first



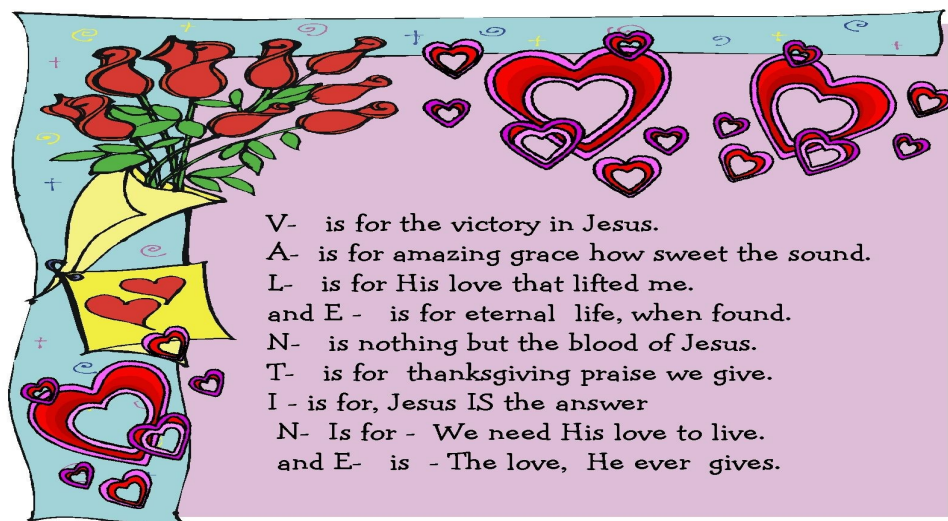
sight. 3 weeks after returning to home with their new family, Julie became pregnant with baby Adam. And just like that, their family of 2 became 5.

Julie likes taking road trips and recently took a fun trip up the Eastern Sierras on the 395 on the way to visit Artur in Reno, Nevada. The quirky oddities and historical sites along the way were a reminder to stop and enjoy the adventure each step of the way.

Her happy place is a favorite corner of her couch where you can find her in prayer, reading a good book or maybe drawing... especially when she gets the cushions just right.

She has been working at AMN Health Care in health care staffing, initially for 10 years with a 7-year break to raise her children before returning for the last 12 years. She is anxiously looking forward to retirement in the near future. We are so very thankful that God has brought her to our WWA Community!

Submitted by Karen Goodman



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WWA Mission Statement

Our Mission: As women united by faith in Jesus Christ and by a common interest in WWCC, we propose to contribute to the growth and development of the Camp through prayer and fellowship, assisting in fundraising, disseminating information, and providing support for functions held at the camp, providing monies for scholarships/camperships and projects!