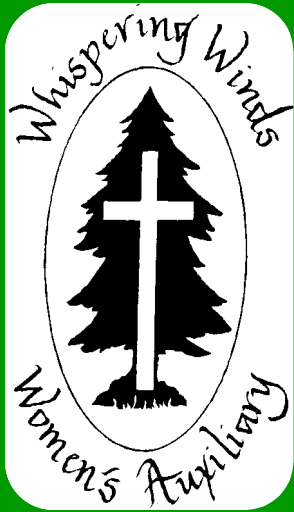


Whispers from the Auxiliary

VOLUME 10 ISSUE 52

OCTOBER 2019



"Called to His Purpose"

Romans 8:28

Whispering Winds Women's Auxiliary

Special points of interest:

- Message From the President
- WWVA Annual Fall Brunch
- Feelings Are an Inside Job
- Committee Reports
- Save the Date
- Finance Manager Needed
- 2019 Board Members

From the President.....



Fall is in the air. I can feel it, the crispness that takes over the evening as the sun sets. I can smell it as the trees, flowers and shrubs seem to be more fragrant. Like seasoning to ramen, the dewy drops of moisture enhance the aroma, exciting the palate. But I wait, anxiously for the fall colors to explode. That is the icing on the cake for me. The pomegranate reds, golden yellows, deep plum purples, persimmon oranges - can you taste it? I read somewhere that the vibrancy of the leaf's colors depend on how much sugar is in it's cellular system when the first frost arrives. If you've known me for 5 minutes, you will know that I love analogies because they bring theory to real life. They ground concepts and make them easier to relate to. Jesus knew that and used it to teach and communicate with people. With that in mind, I think of times when an unexpected frost hit my life. How I responded directly presented itself, either love,

compassion, forgiveness, and maybe acceptance or anger, hurt, and pity. One represents abundant life and its ongoing cycles of ups and downs and the other shows hopelessness and despair. I think we are called to live a life of passion and exuberance so that our true colors, our inner beauty becomes an outward expression of God within. John 10:10 reads "The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly." Regardless of when the frost comes, may you live a life of sweetness so that your vibrant colors may radiate God's eternal love for others to see and receive.

Looking forward to seeing you all at our Annual Brunch!

Peace and love,
Karen



WWWA Annual Fall Brunch

“One Body, Many Parts”

Hearts and Hands of Service

Guest Speaker Rose Rea



Saturday, October 26, 2019

St. Michael's Holy Family Center

15546 Pomerado Road, Poway, CA 92064

8:30 am (optional Mass in church)

9:00 am doors open at family center

Cost: \$35 per Adult, \$20 children 12 & under

Register online at WhisperingWinds.org or through mail to:

Whispering Winds WWWA Fall Brunch

4636 Mission Gorge Place, Ste. 203

San Diego, CA 92120

Please register by October 18, 2019!

Include the names of friends you wish to sit with.

For seating or further information call

Nelda McComb at 619-669-1435



Feelings Are An Inside Job - "I don't feel safe"

This article is about feelings. If any reader is living in an environment that is not safe, please seek help. Do not listen to what you have been told if it has made you feel less than, cut off from your friends, or if you are threaten in any way. You are a child of God, precious, loved, and perfectly made. Love yourself and take action to remove yourself from harms way.

However, if you are one that feels unsafe, overwhelmed, weighted down then perhaps, this read might be for you. The pathway of the human race has always been an uphill battle. Whatever discipline one cares to exam, medical advancement, theological beliefs , philosophy, social norms, in all areas humans have had to fight to grow and to open themselves up to new ideas, new viewpoints, new ways of seeing and believing. Humans are tough, strong fighters. People that live to pass down their genes are people with grit!

Yet, today we stand at a crossroads. For years, we have pushed our thoughts, our physical nature, and our theologies to the forefront of our existence causing change and growth as a people. We have become, as a group, more accepting, more tolerant, and have taken a stand on firm ground to live and let live. With this course of change it seems only natural to move from the universal "me" to the personal "me". Therefore, today we found ourselves embroiled in the "me" of self.

As we become more buffered from nature, from sleeping on the ground, from bug bits and rats, even from raw, peeling, sunburns, and thirst with no relief in sight, as our thoughts and deeds move us towards more comfort, physically and mentally our acceptance of discomfort in any form, becomes more and more distasteful.

A few weeks ago a young woman sat at my kitchen table at 5A.M. in tears repeating over and over again, "I don't feel safe" Her husband had been going through a rough patch, his father had died, and he was extremely sensitive it seems to everything. So, his reaction was to yell at her for behavior that causes him any discomfort physically or emotionally. She was so worried about being yelled at that she had slipped out of the house in the early hour of day and sat in a parking lot texting woman friends to find one that was up and willing to talk. She was uncomfortable, he was uncomfortable. Both of these people had strong, painful feelings boiling up inside. Yet, the truth is feelings will not kill you! In fact, feelings that are felt, experienced, and acknowledged usually dissipate. We do have the genes of our ancestors and their wisdom within us, perhaps today, we need to find their courage, even when it makes us uncomfortable.

Having been married for 40 years to a very manly man this was not a unheard of scenario. My first question to her once I knew she was not in danger was what was her part in this? I wondered if it was more of an issue of feeling self pity or self centeredness instead of feeling not safe. Also, where does cutting our partner some slake come into play? People are always in fear of not getting what we want or losing what we have, and I wondered where this truth fit into the "I don't feel safe" cry for help. It takes courage to be a silent witness, just ask Mary as she stood at the foot of the cross. To be a silent witness to someone else's pain takes real commitment and the self knowledge of who we are in Christ so we are not sucked into the pain.

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Feelings Are a Helper for

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The main question may be whose will do I want? Do I want what I want when I want it so I feel good all of the time or do I want God's will for me? If perfect love cast out all fear, can I stand on that foundation of love and reflect that to others? Can I change my feeling by changing how I feel about myself?

Pain is the touch stone of growth. Being uncomfortable can be a good thing. When human's take their eyes off themselves, when we have the courage to look into the eyes of another and reflect back steadfast love, true grit love, that comes from knowing who we are in God, that is fearlessness. It is that discomfort that can change "I don't feel safe" to "I am here for you".

There is so much talk today about being fit mentally and physically; about keeping our core strong. I challenge you to find your core, your center, your inner strength, your God that is within. We are so much more than our feelings. Feelings are an inside job. Do you have the fortitude to look beneath your feelings? Are you able to be transparent and listen? Are you willing to see the wonder and inner strength of yourself? If you are you may well find the smiling faces of your grandparents, those that came before you, and your God.



Marty
Spiritual Director



Spirituality Committee

Consider a time at Whispering Winds when you realized a Holy Moment was happening...one of those delightful moments when you were struck with wonder and thought, "Oh my gosh Lord - Thank you!" Sharing our WW Holy Moments is how we began the first Spirituality Committee Meeting of our 2019/2020 year on 9/18/2019 at Marie Cizek's Del Cerro home.

Glory to God in the highest - join us in praying for and giving thanks to Cathy Sperrazzo for joining Annie Korn as her Spirituality Committee Co-Chair.

Everyone is invited to participate in these meetings. We begin and end in prayer, and fill the center of our time together with creating our Spiritual Events...how do we want to bring our faith alive, who will be the speaker, which musicians shall we ask to share their talent with us, what kind of decorations will there be?

If you would like to join us and/or have any questions please contact Annie Korn at anniekorn@gmail.com.

Jesus loves you!

2019 | 2020 Spirituality Committee Meeting Calendar

6:30 pm Social
7:00 pm - 8:30 pm Meeting

- October 16, 2019
- November 20, 2019
- January 15, 2020
- February 19, 2020
- March 18, 2020
- April 15, 2020
- May 6, 2020

WWWA member, Marie Cizek, has once again, welcomed us into her home for our meetings.

6249 Camino Corto
San Diego, CA 92120

Basket Making Save the Date

Getting excited for WWA wonderful Fall Brunch and General Meeting!

We have begun to create some wonderful baskets for our auction tables. Thank you to so many who have donated items for our event. We would greatly appreciate any donations of gift cards in any amount for our gift card tree. The Gift Cards may be sent or brought to Whispering Winds Catholic Camp and Conference Center Office located at 4636 Mission Gorge Pl #203, San Diego, CA 92120.



We are also on the lookout for someone has the gift of making bows for our baskets. Please contact Claudia Penczar at cmpenczar@gmail.com.

We have included the letter and donation form, see pages 7& 8 , if you would like to help or know someone who might donate.

Our next basket Party will be on October 21st, from 5:00-7:00 p.m. at the Whispering Winds Office.

Blessings in Christ,
Annie McConville, Claudia Penczar and Val Spooner

WWA Advent Mini - Retreat

Tuesday, December 3, 2019

6:30 PM Social

7:00 PM – 9:00 PM Program

Our Mother of Confidence

3131 Governor Drive, San Diego, 92122

Families welcome, free childcare provided

Rosemari Spooner would love to help in the transition by taking the next few months to help train the person that will take the position in January of 2020. Please look over her message below.

The simplicity of the this position relies on paperwork organization, attention to detail, and communicating with fellow Board members, Chairpersons, and the main office in tracking WWA funds. There is no special software necessary to maintain records. Don't be overwhelmed by "accounting procedures". The process has been simplified and is easy to maintain. Monthly reports are provided to you from the Whispering Winds main office in the form of an Excel Spreadsheet. Easy to print and track income and expenses. I will assist you in the transition and make sure you are comfortable with the processes. And always happy to assist should something arise. Time is precious, so if it is easier to communicate through emails, phone calls, etc we will make it work.

Truly the greatest gift, and unexpected gift this position offers is the opportunity to fellowship with beautiful women of God. Running reports, updating the Board on financial matters, etc is only a small portion of the big picture. Friendships develop. Meaningful prayerful meetings that leave you humbled and grateful for the opportunity to serve. We gather for the common good of the the success of Whispering Winds Camp, and through this amazing group of women great things happen.

The "Duties" of the Finance Manager:

- Attends Bi-Monthly Board Meetings assist in helping to make Auxiliary decisions (no meetings in summer months)
- Contact WW camp controller to identify due date for WWA budget submission.
- Update the working budget for the Auxiliary to use as a guideline for our events - Budget will be for a calendar year Jan-Dec
- Submit to WWA board for discussion and approval 1-2 months before submission to the WW camp controller.
- Submit the approved budget to WW camp controller
- Track and oversee expenses for the Auxiliary
- Collect check requests from auxiliary chairs as expenses arise
- Forward and follow up with check request to WW main office for processing
- Request monthly transaction report from main office on Auxiliary activity
- Review Income received and Expenses
- Track income and expenditures for Auxiliary events
- Provides current financial report to Auxiliary at Board Meeting - Include event detail - income, expenses, etc.
- Request "Grant Report" in September from WW Office so we can send out prior to our Annual Meeting/Brunch
- At year-end provide the Board a detailed report of how and where the funds WWA donated were used at the camp.
- Maintain the "At a Glance" document on the Gmail drive that provides an overview to include the last 5 years.

Please contact Karen Goodman, goodmank619@gmail.com, or Rosemary Spooner, rosemarispooner@gmail.com, if you are feeling called to be a part of the 2020 WWA Board.



Whispering Winds Women's Auxiliary

August 15, 2019

On Saturday, October 26, 2019, **The Whispering Winds Women's Auxiliary** will be hosting their annual fundraising brunch "**One Body, Many Parts**" to be held at St. Michael's Catholic Church in Poway, California. We raise money for camper scholarships for kids and families who could not otherwise afford to attend our camp.

Whispering Winds offers family and parish weekends as well as weeklong kid's camps during the summer months. Unfortunately many of the kids and families that deserve to go just can't afford it! **The Women's Auxiliary is working diligently to raise scholarship monies so more people can attend our camps. Whispering Winds Catholic Conference Center** is a refuge nestled in the Cuyamaca Mountains five miles south of the historic gold-mining town of Julian, a place where people can get away and hear God's voice in the beauty of nature. We are a lay-directed, tax-exempt, nonprofit corporation formed with the goal of providing a Christ-centered camp and conference center for youth, individuals, couples, families and groups. The only Catholic-based camp of its kind in all of Southern California, Whispering Winds is open to all faiths. We are growing! Our prayer is that more kids and families can have the opportunity to attend our camp. We are so thankful for your generous donations in the past. **Will you please help us again with a donation? Your gift card/certificates provide a sizeable portion of our funds raised.**

Please fill out the attached **Contribution Commitment Letter** or call Annie McConville-(619)980-0598, Claudia Penczar-(858)699 4705, or Val Spooner 1(619) 247-3971 if you can help us again this year!

Thank you so much for taking the time to consider supporting us. Your donation will go directly to Whispering Winds Catholic Conference Center, a 501 c (3) non-profit charitable organization, #95-3407343 ("donee organization") in accordance with the Internal Revenue Code.

If you have any questions please contact Stacie at the Whispering Winds office (619) 464-1479.

In appreciation,

Annie McConville, Claudia Penczar Val Spooner
Whispering Winds Women's Auxiliary
Fundraising Chairs



*Whispering Winds
Women's Auxiliary*

***“One Body, Many Parts”
Hearts and Hands of Service
WWWA Fall Brunch– October 26 2019
St. Michael’s Parish Poway, California***

AUCTION CONTRIBUTION COMMITMENT

I/We have arranged for the following contribution(s):

Value: \$ _____

Donor’s Name	Email	Phone
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Donor’s Address	City	State	Zip Code
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Donor’s Name (if not the Donor)	Email	Phone
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NOTE: In all publications and publicity the Donor’s name should be listed as:

Please complete and return this form along with the donation to:

Whispering Winds Women’s Auxiliary
C/O Ryann
4636 Mission Gorge Road, Suite 203
San Diego, CA 92120

Whispering Winds Catholic Conference Center is a 501 c (3) non-profit charitable organization, #95-3407343 (“donee organization”) in accordance with the Internal Revenue Code. An acknowledgement of each tax donation will be sent to the Donor.

Thanks so much! Your contributions will create camp scholarships for
Whispering Winds Catholic Conference Center and Family Camp!

2019 Whispering Winds Women's Auxiliary Board

	ADMIN TEAM	
President	Karen Goodman	goodmank619@gmail.com
Vice-President	Nelda McComb	nsm3359@sbcglobal.net
Recording Secretary	Kesa Waddell	kesa1@cox.net
Finance Manager	Rosemari Spooner	rosemarispooner@gmail.com
	SPIRITUALITY TEAM	
Spiritual Director	Marty Fowler	martyfowler93@gmail.com
**Spiritual Events Chair	Annie Korn	anniekorn@gmail.com
Spiritual Events Co-Chair	Cathy Sperrazzo	cathys@eyetoeyepr.com
**Hospitality Chair	Gloria Rosales	gloriarosales1@me.com
Hospitality Co-Chair	Marla Carter	marlacarter77@yahoo.com
Hospitality Co-Chair	Connie Finney	cfinney672@gmail.com
**Fundraising Chair	Annie McConville	islandgurl94@hotmail.com
Fundraising Co-Chair	Claudia Penczar	cmpenczar@gmail.com
Fundraising Co-Chair	Val Spooner	sv4grls@cox.net
	COMMUNICATIONS & PUBLICITY TEAM	
Communications Chair/ Prayer Chain	Joni Deiters	jdeiters@san.rr.com
Communications Co-Chair/ Website & Facebook	VACANT	VACANT
Newsletter/ Graphic Designer	Tammy Knapp	knapptnt49@gmail.com
Corresponding Secretary	Norine Millum	NorineC21@gmail.com
Board Liaison	Denise Casinelli	denisecasinelli@gmail.com.com
**Membership	Marie Hickey	Marie.hickey@cox.net
Membership Co-Chair	Stefanie Battaglia	Stefanie.battaglia@cox.net
**Historian/Photographer Co-Chair	Kathy Cazin	kcazin1@gmail.com
Historian/Photographer Co-Chair	Chris Villalobos	chrisvillalobos5@gmail.com

**Please consider volunteering for a committee.
We especially need help on committees marked with ****

WWWA Mission Statement

As women united by faith in Jesus Christ and by a common interest in Whispering Winds Family Camp, we propose to contribute to the growth and development of the Camp through prayer and fellowship, assisting in fundraising, disseminating information and providing support for functions held at the Camp, providing monies for camperships and projects.