

kids camp 2010 fit for the king

February 1, 2010

Dear Parents and Guardians,

We are looking forward to greeting your child at camp this summer! As our team continues to pour their hearts into the final preparations for Kids Camp, we ask your continued prayers that everything we do will be for the greater Glory of God. Along with this letter are **packing information** and **directions**.

CHECK-IN AND CHECK-OUT DATES AND TIMES

Kids Camp Week 1: Check-in will be Monday, June 28 from 4-5 PM. Check-out will be Friday, July 2 at 11 AM.

Kids Camp Week 2: Check-in will be Sunday, July 18 from 4-5 PM. Check-out will be Thursday, July 22 at 11 AM.

It is important to arrive during these times! At check in, we will collect each camper's waiver, medical form, and any prescription medication he or she might have (bring prescription medication – in its pharmacy bottle with written instructions – in a large zip lock bag labeled with your child's name). Your child will be assigned their group, counselor and lodge room at this time. Please **have all paperwork completed prior to check in**, so we can expedite the process! Please note: If your child becomes ill or injured, you may be required (at the discretion of camp staff) to pick him or her up from the camp before the session is over. We will always prioritize on your child's health and safety! We welcome all parents to join us at 10:00 AM on check-out day for a Family Prayer Service and Closing Ceremony (Mass will not be celebrated at this time.) Check-out will be *after* the Ceremony.

Our theme for Kids Camp 2010 is **Fit for the King**. We often spend so much time on our physical bodies. While at Kids Camp, we will explore how we can spend more time and effort on keeping our spirit in shape. Just as physical strength requires exercise, spiritual strength requires effort. Our team is excited to engage in camp activities that build a strong, vibrant, and energized spirit. Together we will pursue the quest of how to become more **Fit for the King**.

We will have our Camp Store open for several hours each day. This is a great resource for your child if they've forgotten something, or if they want something extra and fun. (They won't "need" to buy food, as we will have plenty of snacks available throughout the week.) We will have many items available such as t-shirts, sunscreen, hats, candy, pool toys and souvenirs. Many of the kids are excited to buy mementos and gifts for their siblings and friends. We will also have the snack bar open at the pool during pool time. In order to keep Kids Camp a cash free environment, you will have an opportunity to open an account at check-in using a credit card or check and to set a limit.

If you would like to send your camper a letter during the week, please include a return address and mail it with enough time for it to arrive by Wednesday (**17606 Harrison Park Rd. Julian, CA 92036**). To ensure the mail's arrival and save you postage, we will have a "mailbox" on-site at check in. Feel free to drop off mail for the week, labeled by day if so desired (i.e. Deliver Monday), and we will deliver it directly. If you have any registration or check-in questions or changes, please call our office at 619-464-1479. We can't wait to see you!

Blessings,

Terry Henberger
Director of Programs
terry@whisperingwinds.org
Cell: 619-573-0740



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What to Bring to Camp

Whispering Winds is not responsible for your child's property.

Please put your child's name on all items.

- **Refillable water bottle (labeled!)**
 - Clothes for four days (please note specifics)
 - Warm pajamas
 - 4-6 pairs of underwear
 - 4-6 pairs of socks
 - Shoes (no flip flops!)
 - 4 t-shirts
 - Shorts
 - Jeans
 - Additional long pants (necessary for the zipline!)/shirts, jacket/sweatshirt (labeled!)
 - Bathing suit—**Co-ed appropriate, please!**
 - “Rash guard” or some kind of shirt to wear in the pool for sun protection, if desired
 - A set of OLD clothes and closed-toe shoes (ideally ones that can be thrown out) for the mud pit! Shoes are required in the mud pit.
 - Tennis shoes and/or hiking boots
 - Hat or cap with brim
 - Sunglasses, if desired
 - Toiletries
 - Toothbrush, toothpaste, and floss
 - Face wash and wash cloth
 - Shampoo
 - Soap and/or body wash
 - Bath towel & beach towel (labeled!)
 - Hairbrush and/or comb, etc
 - Chapstick
 - Sunscreen
 - Bug repellent
 - Any prescription medication needed
 - Please put medication in pharmacy bottle, with prescription label and detailed instructions, in a large Ziploc bag for our Health Supervisor
 - Bedding
 - sleeping bag
 - pillow
 - Extra blanket, if desired
 - Additional items
 - Flashlight (please check batteries)
 - Camera, if desired
 - Bible
 - Journal, if desired
 - Stationery, stamps and addresses of loved ones, if desired
 - Reading book
 - **Completed waiver**
 - **Completed medical release form**
 - **Refillable water bottle!**
- Please DO NOT Bring:**
- Inappropriate or expensive clothing
 - Cell phones are absolutely not allowed!
 - Valuables
 - Cash (The Camp Store will be open during the week. We will have a no-cash environment!)
 - Any handheld gaming device
 - Toys, board games, etc.
 - CD players, MP3 players, iPods, headphones, etc.
 - Snacks
 - Lighters or matches
 - Knives of any kind
 - There will be *zero tolerance* for any cigarettes, drugs, alcohol, or weapons



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Things to do before your child comes to Whispering Winds Camp

- Have your child pack with you. Show them their soap, sunblock, etc. This way, they will recognize their bag and know where to find things!
- Talk to your child about the importance of keeping track of his/her belongings. Please leave all valuables at home!
- Label everything with your child's first initial & last name (ex: B. Obama) – this will minimize lost & found and allow us to return any lost articles more easily.
- Save time at check-in by completing your waiver and medical release form before coming to camp.
- Remind your child that he/she will be sleeping in a lodge room with other children their own age and gender, especially if they come with a sibling.
- One of the greatest outcomes of camp is for your child to make new friends. PLEASE try to not request cabin mates or counselors. We have found that once your child is at camp, they usually integrate easily with their group and roommates. It is often the *parents* who perceive their child will do better rooming with friends. We will make adjustments for your child if necessary!
- Our practice is to not allow campers to phone home during the week. Experience has shown that these calls are extremely disruptive to the camper, staff and parent. One of the valuable outcomes of camp is learning independence. Phoning home would detract from that important goal. Our counselors and staff care deeply about your child's health, safety and happiness. In rare circumstances due to illness, behavior or extreme homesickness, our staff will initiate calls to you with your son or daughter. Please do not promise your camper that he/she may call home.

Thank you for your help and cooperation. We look forward to seeing you and your family this summer!



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Directions

From Interstate 8:

Exit at 79 NORTH
Stay on 79 NORTH, approx 18 miles, to HARRISON PARK ROAD
Harrison Park is about 4 miles beyond Lake Cuyamaca, on your left
Turn LEFT on Harrison Park Rd, after approximately ½ mile
Enter Whispering Winds via gate, and then turn RIGHT into Camp proper at the large Whispering Winds sign

From Route 78:

Follow 78 to Julian, CA
Turn SOUTHEAST onto MAIN ST and drive through town
Turn RIGHT on 79 SOUTH towards Lake Cuyamaca to HARRISON PARK ROAD, approx 5 miles
Turn RIGHT on Harrison Park Rd, approximately ½ mile
Enter Whispering Winds via gate, and then turn RIGHT into Camp proper at the large Whispering Winds sign



Please follow the signs to our designated parking and registration areas.

IMPORTANT: Please wait until after the closing ceremony and pictures are done to pick up your child. We don't want disruption during this important wrap-up time, and we don't want any camper to miss it! This is also a good time to stop by our camp store!

IMPORTANT: Please check our lost and found before departing camp. We end up donating many items that are left at camp as we do not know who they belong to!



"Fit for The King"
KIDS CAMP 2010
Week Overview

| Day, Theme, & Time | Sunday The Royal Quest | Monday Noble in His Eyes | Tuesday Reach for the Crown | Wednesday Make Merry the Day | Thursday "Spiritually" Fit for The King |
|--------------------|---|--|---|---|---|
| 7:00am | | Rise and Shine! | Rise and Shine! | Rise and Shine! | Rise & Pack for home |
| 8:00am | | Morning Praise and Breakfast - Dining Hall | Morning Praise and Breakfast - Dining Hall | Morning Praise and Breakfast - Dining Hall | Breakfast Dining Hall |
| 8:15am | | Rotations | Rotations/High Chall Course | Rotations | Camp Clean-up; then Pictures in Meadow |
| 9:00am | | Bible Study Archery, Game Room, Minigolf | Challenge Course Zip Line Climbing Wall | Arts & Crafts - Mtg. Hall Bible Study Archery, Game Room, Minigolf | Closing Ceremony with families; Campers check out and then go home :-) |
| 9:30am | | | | | |
| 10:00am | | | | | |
| 10:30am | | | | | |
| 10:30am | | | | | |
| 11:00am | | | | | |
| 11:30am | | | | | |
| 12 Noon | | Lunch Dining Hall | Lunch Dining Hall | Lunch Dining Hall | |
| 12:30pm | | Rotations continue | Challenge Course Zip Line Climbing Wall | Rotations continue | |
| 1:00pm | | | | | |
| 1:30pm | | | | | |
| 2:00pm | | | | | |
| 2:30pm | | | | | |
| 3:00pm | | Horseback Riding Meadow/Pool Time | Horseback Riding Meadow/Pool Time | Horseback Riding Meadow/Pool Time | |
| 3:30pm | | Water Games/Slip-n-Slide | Water Games/Slip-n-Slide | Water Games/Slip-n-Slide | |
| 4:00pm | Campers arrive and check-in | Fire Truck Rides | Tug-of War in Mud Pit | | |
| 4:30pm | | | | Outdoor Mass at Mary's Grotto | |
| 5:00pm | Group Regroups-Lodges name tags, group rules | Group Regroups-Lodges plan for talent show | Group Regroups-Lodges Talent show practice | | |
| 5:30pm | | | | | |
| 6:00pm | Dinner Dining Hall | Dinner Dining Hall | Dinner Dining Hall | Dinner Dining Hall | |
| 6:30pm | | | | | |
| 7:00pm | Tour of the Camp Cover points of interest | Choose Your Own Adventure | Choose Your Own Adventure | Royal Fest (outdoors) Upper Meadow | |
| 7:30pm | | | | | |
| 8:00pm | Campfire | Pool Time | Jest for Fun (talent show) | Super Secret Surprise - Meeting Hall | |
| 8:30pm | Outdoor Chapel | Meadow | Meeting Hall | | |
| 9:00pm | Chapel Time | Chapel Time | Chapel Time | Chapel Time | |
| 9:30pm | Conf. Rm. A | Conf. Rm. A | Conf. Rm. A | Conf. Rm. A | |
| 10:00pm | Campers settle in lodges | Campers settle in lodges | Campers settle in lodges | Campers settle in lodges | |
| 10:30pm | Lights Out for campers! | Lights Out for campers! | Lights Out for campers! | Lights Out for campers! | |
| 11:00pm | | | | | |
| 11:45pm | | | | | |